



Winelands Mile Open Water Charity Swim Saturday 18 November 2017



CALAIS

Waterfall Road
Daljosafat, Paarl
www.calais.co.za for directions

TIME	EVENT	AGE GROUPS (Male/Female separate categories)	ENTRY FEE
10h00	200 m Junior Swim	12 years and under	R30.00
10h30	1 Mile Swim *	Under 20; 20-39 years ; 40 -59 years; Age 60+; Disabled	R100.00 (Prepaid Pre-entered R80.00)
12h00	4 x 200 m Relay #	All ages Mixed	R80.00 per team

**NB: Swimmers wearing wetsuits/swimming aids
do not qualify for placing or prizes**

Entries accepted until 10h00* and 11h30# respectively on race day
Pre-entries by 12 noon on 16 November 2017: Note Mile Swimmer's discount for prepaid pre-entries

Send entries & proof of payment: winelandsswim@gmail.com or sharkeytherese@gmail.com or Thérèse Sharkey
Fax: 0866207022

Payments to **Winelands Masters Swimming Club, ABSA savings A/C no. 9074313664.**
(State your name as reference and fax deposit slip to Thérèse Sharkey 0866207022)

Refreshments and light lunches will be available. Wine tasting and sales on site.
Relax and enjoy the beauty of the Boland after the swim.
NB. PLEASE NO BRAAING OR COOKING ALLOWED

Enquiries: Thérèse Sharkey 084 512 8861
Edgar Lewis 0826732620

Directions to Calais Wine Estate:

Take N1 to Paarl from Cape Town. Take Sonstraal Rd exit, near toll road tunnel.
Turn left at stop at top of off ramp. Over 4 way stop & past Ashanti. Turn Right onto Swawelstert Road.
1,7 km further turn Right into Waterfall Rd, Follow the "SWIM" signs
There will be an entry fee to the above farm for the above event.

NB payable at the gate not to Winelands Masters.

Adults: R20.00; Children 12 & under: R10.00 and Children 3 & under: Free



THE WINELANDS MILE OPEN WATER CHARITY SWIM

Presented by Winelands Masters Swimming Club
@Calais Wine Estate: Waterfall Rd, Daljosafat, Paarl

Saturday, 18 November 2017

ENTRY FORM

Name:

Swimming Club / School:

Date of Birth: Age on day of Race: Male / Female

E-mail: Tel:

Postal Address: Code:

Please tick appropriate category/categories:

ENTRY FEES: Junior Swim R30.00
Open Water Mile Swim R100.00 (Pre-paid Pre-entry R80.00)
Relay Team R80.00 per team of 4 swimmers

EVENT	AGE GROUP (Age as on race day)	MALE	FEMALE
200 m Junior Swim	12 and under		
1 Mile Swim*	19 years and under		
1 Mile Swim	Age 20 - 39		
1 Mile Swim	Age 40 - 59		
1 Mile Swim	Age 60 +		
1 Mile Swim	Disabled		
4 x 200 Meter Relay#	Mixed All Ages		

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Thérèse Sharkey Fax: 0866207022

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By entering, I agree that I participate at my own risk, waive any claim arising from or connected with any injury or loss that I may sustain while, or as a result of, participating in any Masters Swimming or related activity whether caused by negligence or otherwise against the Western Province Masters Swimming Association, Winelands Masters Swimming Club, Calais Wine Estate and South African Masters Swimming, their officers, members, employees, agents and assistants and indemnify them in respect of any claim arising from my participation in Masters Swimming or related activity.

Signed: **Parent/Guardian:**