

BENGUELA COVE'S ADVENTURE WEEKEND

Take on a lagoon swim, race the farm or **DARE TO DO BOTH!**

SATURDAY'S LAGOON SWIMRUN - 3rd Nov 2018

Registration opens at 12:00

7km - R550 per team – 2pm

SUNDAY'S LAGOON SWIM - 4th Nov 2018

Registration opens at 7:30am

500m - R50 - 11am **3km** - R200 - 9am
1km - R150 - 11am **5km** - R250 - 9am

Fun and Entertainment for the entire family
Food and Drinks available for adults and children



ENTER NOW! www.bigbayevents.co.za

Any queries: derrick@bigbayevents.co.za