

800m & 1,6km



2021

THE
DOLPHIN MILE
SURF SWIM

WE
ARE
BACK!



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Race # 6 - 19th September

Race # 7 - 26th September

Race # 8 - 24th October

Race # 9 - 14th November

Back-up date - 28th November

Triple Distance - 12th December

Venue:	Marine Surf Lifesaving Club, Addington Beach, Durban
Registration:	05:30 – 06:30 Race Briefing: 06:45 Start: 07:00
Pre-entry & Payments:	ROAG - www.roag.co.za
ROAG Pre-entry Fee:	R 130 per swimmer – Entries close at midday on the Friday before swim
Late Entry Fee:	R 180 per swimmer (Extra R50,00)
Swimming Caps:	R 100 (DMSS Branded CAP COMPULSORY for all distances & swimmers)
Age Categories: (Male & Female)	10-12 13-30 31-40 41-50 51-60 61-70 71+
TRI/WETSUITS ALLOWED BUT NOT ELIGIBLE FOR SERIES AGE-GROUP PLACINGS	
NO REFUNDS FOR CANCELLED EVENTS	

For further enquiries contact: Trevor Martin at info@dolphinmile.co.za or WhatsApp: 0835564941
See Website for more details. www.dolphinmile.co.za