

EVENTS AND CATEGORIES:			
Saturday	25th	February	
Event 1	08h00	10km (cut-off time 3 ½ hours from start)	Mixed
Event 2	08h00	5km (cut-off time 1 hour 40 min. from start)	Mixed
Event 3	11h30	3km (cut-off time 1 hour from start)	Mixed
Event 4	12h40	1km	Mixed
Event 5	13h20	400m Fun (for beginners and first time swimmers - may not enter any of above events as well)	Mixed
Sunday	26th	February	
Event 6	07h00	25km (cut-off 9 hours from start)	Mixed
Event 7	07h00	5 x 5km Team Relays (cut-off 9 hours from start)	Mixed (Provide Team Name)
Event 8	08h00	5 x 1km Team Relays	Mixed (Provide Team Name)
Age Groups for medals :			
25km	16 & Over		Male & Female
5x5km relays	14-15; 16-30; 31 & over		Mixed teams
10km	16 & Over		Male & Female
5km	14-15; 16-30; 31 & over		Male & Female
3km	11-13; 14-15; 16-30; 31 & Over		Male & Female
1km	11 & Under; 12-13; 14-15; 16-30; 31 & Over		Male & Female
5x1km fun relays	All ages		Mixed teams
400m	All ages		Male & Female

Swimmers in the individual 25km event, must provide their own feeders/support craft

Western Province Aquatics reserves the right to cancel events 6 & 7, if there are less than 10 individual swimmers and 10 relay teams entered. Entry fees will be refunded.

Events 1 & 2 will be swum simultaneously on 25th February. Events 6 & 7 will be swum simultaneously on 26th February. The relay teams in event 7 may be made up of both Males and Females in each specific age group. The relay teams in event 8 may be made up of both Males and Females, of any age – there will be special prizes for this event.

Starting times may be changed, depending on prevailing conditions and circumstances.

Prizes : Medals and prizes will be awarded for 1st, 2nd & 3rd places in all events. Competitors must be present to receive prizes/medals.

Closing date for entries : Wednesday, 15th February 2012

Pre-entries will close at 12 noon on Wednesday, 15th February, 2012. Thereafter, and on race-day, entries will incur an additional late entry fee of R50 per event.

Club-registered swimmers **must** enter through their clubs on the Team Manager program.

All other swimmers must utilise the on-line entry forms on the website, and then submit proof of payment to either Fax no: 086 5020968 or email to : wpamarketing@icon.co.za, by 12 noon on Wednesday, 15th February 2012. Copy of ID (if not already on file), must also be submitted.

Entry fees : 25km – R1000; 5x5km relays – R1000 per team; 10km – R100; 5km – R90; 3km – R80; 1km – R70; 5x1km relays – R500; 400m – R30.

WPA Website : www.wpaquatics.com