

## Eastern Cape

Race Date	Race Name	Start Time	Start Venue	Contact Name	Work Tel	Email
09 Oct 2011	<a href="#">Nelson Mandela Bay Ocean Racing Series – Season 7 Series 1</a>	09h00	Hobie Beach Nelson Mandela Bay Port Elizabeth	Michael Zoetmulder	041-4847860	michael@zports.co.za
16 Oct 2011	<a href="#">Cirrus Bio-ears Swim Challenge Series 1</a>	08h00	Marina Martinique Jeffreys Bay	Michael Zoetmulder	041-4847860	michael@zsports.co.za
23 Oct 2011	<a href="#">Nelson Mandela Bay Ocean Racing Series – Season 7 Series 2</a>	09h00	Hobie Beach Nelson Mandela Bay Port Elizabeth	Michael Zoetmulder	041-4847860	michael@zports.co.za
06 Nov 2011	<a href="#">Nelson Mandela Bay Ocean Racing Series – Season 7 Series 3</a>	09h00	Hobie Beach Nelson Mandela Bay Port Elizabeth	Michael Zoetmulder	041-4847860	michael@zports.co.za
13 Nov 2011	<a href="#">Cirrus Bio-ears Swim Challenge Series 2</a>	08h00	Marina Martinique Jeffreys Bay	Michael Zoetmulder	041-4847860	michael@zsports.co.za
20 Nov 2011	<a href="#">Nelson Mandela Bay Ocean Racing Series – Season 7 Series 4</a>	09h00	Hobie Beach Nelson Mandela Bay Port Elizabeth	Michael Zoetmulder	041-4847860	michael@zports.co.za
04 Dec 2011	<a href="#">Nelson Mandela Bay Ocean Racing Series – Season 7 Series 5</a>	09h00	Hobie Beach Nelson Mandela Bay Port Elizabeth	Michael Zoetmulder	041-4847860	michael@zports.co.za
18 Dec 2011	<a href="#">Nelson Mandela Bay Ocean Racing Series – Season 7 Series 6</a>	09h00	Hobie Beach Nelson Mandela Bay Port Elizabeth	Michael Zoetmulder	041-4847860	michael@zports.co.za
30 Dec 2011	<a href="#">Jeffreys Bay Swim Festival - 2 Days</a>	08h00	Marina Martinique Jeffreys Bay	Michael Zoetmulder	041-4847860	michael@zports.co.za
08 Jan 2012	<a href="#">Nelson Mandela Bay Ocean Racing Series – Season 7 Series 7</a>	09h00	Hobie Beach Nelson Mandela Bay Port Elizabeth	Michael Zoetmulder	041-4847860	michael@zports.co.za
22 Jan 2012	<a href="#">Nelson Mandela Bay Ocean Racing Series – Season 7 Series 8</a>	09h00	Hobie Beach Nelson Mandela Bay Port Elizabeth	Michael Zoetmulder	041-4847860	michael@zports.co.za
28 Jan 2012	<a href="#">Eastern Province Open Water Swimming Championships</a>	13h00	Marina Martinique Jeffreys Bay	Michael Zoetmulder	041-4847860	michael@zports.co.za
29 Jan 2012	<a href="#">Eastern Province Open Water Swimming Championships</a>	08h00	Marina Martinique Jeffreys Bay	Michael Zoetmulder	041-4847860	michael@zsports.co.za
12 Feb 2012	<a href="#">Nelson Mandela Bay Ocean Racing Series – Season 7 Series 9</a>	09h00	Hobie Beach Nelson Mandela Bay Port Elizabeth	Michael Zoetmulder	041-4847860	michael@zports.co.za
19 Feb 2012	<a href="#">*Spar Redhouse River Mile - 2 Days</a>	13h00	Cannonville Slipway Area Sundays River Redhouse	Michael Zoetmulder	041-4847860	michael@zports.co.za
26 Feb 2012	<a href="#">Nelson Mandela Bay Ocean Racing Series – Season 7 Series 10</a>	09h00	Hobie Beach Nelson Mandela Bay Port Elizabeth	Michael Zoetmulder	041-4847860	michael@zports.co.za
03 Mar 2012	<a href="#">Cirrus Bio-ears Swim Challenge Series 3 - 2 Days</a>	13h00	Martinique Marina Jeffreys Bay	Michael Zoetmulder	041-4847860	michael@zsports.co.za
04 Mar 2012	<a href="#">Cirrus Bio-ears EPA Swim Challenge Series 3</a>	08h00	Martinique Marina Jeffreys Bay	Michael Zoetmulder	041-4847860	michael@zsports.co.za
11 Mar 2012	<a href="#">Nelson Mandela Bay Ocean Racing Series – Season 7 Series 11</a>	09h00	Hobie Beach Nelson Mandela Bay Port Elizabeth	Michael Zoetmulder	041-4847860	michael@zports.co.za
18 Mar 2012	<a href="#">Merrifield Mile</a>	12h00	Wriggleswade Dam Stutterheim	Tracey Mangold	043-7486094	info@mpsc.co.za
25 Mar 2012	<a href="#">Nelson Mandela Bay Ocean Racing Series – Season 7 Series 12</a>	09h00	Hobie Beach Nelson Mandela Bay Port Elizabeth	Michael Zoetmulder	041-4847860	michael@zports.co.za

31 Mar 2012	<a href="#">Cirrus Bio-ears Swim Challenge Series 4 - 2 Days</a>	13h00	Martinique Marina Jeffreys Bay	Michael Zoetmulder	041-4847860	michael@zsports.co.za
01 Apr 2012	<a href="#">Cirrus Bio-ears EPA Swim Challenge Series 4</a>	08h00	Martinique Marina Jeffreys Bay	Michael Zoetmulder	041-4847860	michael@zsports.co.za
07 Apr 2012	<a href="#">Nelson Mandela Bay Bell Buoy Swim</a>	08h30	Hobie Beach Nelson Mandela Bay Port Elizabeth	Michael Zoetmulder	041-4847860	michael@zsports.co.za

### Free State

Race Date	Race Name	Start Time	Start Venue	Contact Name	Work Tel	Email
26 Nov 2011	<a href="#">Erfenis Dam Mile</a>	07h00	Erfenis Dam Nature Reserve between Theunissen & Winburg	Koos Rautenbach	072-3746143	elkor@vodamail.co.za
07 Jan 2012	<a href="#">*Solomons Mica Open Water Swim</a>		Loch Athlone Dam Bethlehem Athlone Yacht Club	Tina	083-4591363	
14 Jan 2012	<a href="#">Time Freight Kovsie Aquatics Swim Maselspoort Dam</a>	08h00	Maselspoort Dam Bloemfontein	Archie Markgraaf	082-5583567	dsat-bfn@iafrica.com
25 Feb 2012	<a href="#">Sterkfontein 1500</a>	09h00	Sterkfontein Dam Sterfontein Dam Nature Reserve Harrismith	Willie Vorster	082-5639283	kemptonswim@absamail.co.za

### Gauteng

Race Date	Race Name	Start Time	Start Venue	Contact Name	Work Tel	Email
29 Oct 2011	<a href="#">Ebotse Mile</a>	07h00	East Rand Speedboat Club - CR Swart Dam Sarel Cilliers Street Benoni	Willie Vorster	082-5639283	kemptonswim@absamail.co.za
30 Oct 2011	<a href="#">Time Freight Heia Safari 1000 - Series 1</a>	08h30	Lake Heritage Heia Safari Ranch outside Honeydew	Race Secretary	033-3410790	kate@midmarmile.co.za
06 Nov 2011	<a href="#">Central Gauteng Aquatics Lion Mile</a>	09h00	Florida Lake Roodepoort	Sarah Hyslop	082-3806492	sarahh@zsd.co.za
27 Nov 2011	<a href="#">Time Freight Heia Safari 1000 - Series 2</a>	08h30	Lake Heritage Heia Safari Ranch outside Honeydew	Race Secretary	033-3410790	kate@midmarmile.co.za
21 Jan 2012	<a href="#">Time Freight Lake Heritage ¾ Mile - 2 Days</a>	08h30	Lake Heritage Heia Safari Ranch outside Honeydew	Race Secretary	033-3410790	kate@midmarmile.co.za
29 Jan 2012	<a href="#">Ekurhuleni 1200m Swim</a>	08h00	Victoria Lake Germiston	Anna Visser	082-4493134	analiovisser@discoverymail.co.za
29 Jan 2012	<a href="#">Pretoria News Roode 1000 Swim</a>	09h00	Bajadam Resort Bronkhorstspuit Dam	Willem Theron	082-3764216	blouwil@mweb.co.za
19 Feb 2012	<a href="#">Makhulu 1000m Swim</a>	09h00	Base 3 Leisure Lakes Cnr. Olifantsfontein Rd & R562 Glen Austin, Midrand	Event Office	012-4609065	info@sportsvendo.co.za

**KwaZulu-Natal**

Race Date	Race Name	Start Time	Start Venue	Contact Name	Work Tel	Email
20 Nov 2011	<a href="#">aQuellé Albert Falls Swim Challenge</a>	08h00	Albert Falls	Race Secretary	033-3410790	kate@midmarmile.co.za
03 Dec 2011	<a href="#">Sunday Tribune Varsity College Capital K presented by Discovery - 2 Days</a>	07h00	Munro Bay Midmar Dam	Brian Prowse	033-3421513	braziers@openweb.co.za
03 Dec 2011	<a href="#">Michaelis Grootgewacht Challenge</a>	07h30	Grootewacht Dam North of Vryheid	Gail Muhl	083-3013244	eastwoodfarming@yebo.co.za
18 Dec 2011	<a href="#">aQuellé KZN Open Water Champs</a>	08h00	Midmar Dam	Race Secretary	033-3410790	kate@midmarmile.co.za
14 Jan 2012	<a href="#">Chelmsford 1000m Challenge</a>	07h00	Ntshingwayo Dam Ntshingwayo Nature Reserve was Chelmsford Dam & Reserve	Raj Ramautar	084-5261961	info@swimnewcastle.co.za
22 Jan 2012	<a href="#">Dolphin Mile Surf Swim Series Pre-Series Swim</a>	06h30	uShaka pier or in front of Marine depending on conditions	Heather Campbell	082-3207083	heandian@telkomsa.net
11 Feb 2012	<a href="#">aQuellé Midmar Mile - 2 days</a>	08h30	Midmar Dam	Race Organiser	0861-MIDMAR (086-1643627)	info@midmarmile.co.za
11 Mar 2012	<a href="#">Ingeli Dhaga</a>	09h00	Harding Farmer's Dam Harding	Theresa Campkin	039-4332422	westbury@venturenet.co.za
01 Apr 2012	<a href="#">aQuellé Golden Mile - KZN Wildlife Fund Raiser</a>	08h30	Camp Thurlow Midmar Dam	Race Secretary	033-3410790	kate@midmarmile.co.za
15 Apr 2012	<a href="#">Dolphin Mile Surf Swim Series 1</a>	06h30	uShaka pier or in front of Marine depending on conditions	Heather Campbell	082-3207083	heandian@telkomsa.net
29 Apr 2012	<a href="#">Dolphin Mile Surf Swim Series 2</a>	06h30	uShaka pier or in front of Marine depending on conditions	Heather Campbell	082-3207083	heandian@telkomsa.net
13 May 2012	<a href="#">Dolphin Mile Surf Swim Series 3</a>	06h30	uShaka pier or in front of Marine depending on conditions	Heather Campbell	082-3207083	heandian@telkomsa.net
27 May 2012	<a href="#">Dolphin Mile Surf Swim Series 4</a>	06h30	uShaka pier or in front of Marine depending on conditions	Heather Campbell	082-3207083	heandian@telkomsa.net
03 Jun 2012	<a href="#">Dolphin Mile Surf Swim Series 5</a>	06h30	uShaka pier or in front of Marine depending on conditions	Heather Campbell	082-3207083	heandian@telkomsa.net
15 Jul 2012	<a href="#">Dolphin Mile Surf Swim Series 6</a>	06h30	uShaka pier or in front of Marine depending on conditions	Heather Campbell	082-3207083	heandian@telkomsa.net
12 Aug 2012	<a href="#">Dolphin Mile Surf Swim Series 7</a>	06h30	uShaka pier or in front of Marine depending on conditions	Heather Cambell	082-3207083	heandian@telkomsa.net

**Limpopo**

Race Date	Race Name	Start Time	Start Venue	Contact Name	Work Tel	Email
15 Oct 2011	<a href="#">Moorddrift Nyl Myl</a>	09h00	Moorddrift Farm R101 to Mokopane (Potgietersrus)	Race Secretary	072-2184231	heeverw@telkomsa.net
18 Mar 2012	<a href="#">Rotary Ebenezer Mile Presented by Haenertsburg Rotary Club</a>	08h00	Mountain Yacht Club Ebenezer Dam outside Haenertsburg	Jack Holloway	083-6591227	jackholloway3@gmail.com

25 Mar 2012	<a href="#">Pick 'n Pay Bosveld Mile</a>	07h00	The Boat Club Fish Eagle Bay Bela-Bela Dam	Petra Penzhorn	082-3779869	info@belabelasplash.co.za
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### North West Province

Race Date	Race Name	Start Time	Start Venue	Contact Name	Work Tel	Email
22 Oct 2011	<a href="#">Dis-Chem Sun City Swim</a>	08h00	Waterworld Dam Sun City Cabanas	Claire Davie	082-8009370	clared@nashuaisp.co.za
05 Feb 2012	<a href="#">The Maragon Platinum Mile</a>	09H00	Buffelspoort Dam near Rustenburg	Di Williamson	083-2543628	disdolfins@gmail.com
04 Mar 2012	<a href="#">Islands Estate Canal Swim</a>	08h30	The Islands Estate Broederstroom R512 Provincial Road	Gert Nel	012-2440777	gert@theislandshoa.co.za

### Northern Cape

Race Date	Race Name	Start Time	Start Venue	Contact Name	Work Tel	Email
21 Jul 2012	<a href="#">Speedo Ice Swim</a>	08h45	Nuwedam Fraserburg	Lauren Wileman	021-7853683	info@leapcommunications.co.za

### Western Cape

Race Date	Race Name	Start Time	Start Venue	Contact Name	Work Tel	Email
04 Sep 2011	<a href="#">First Sunday of the Month Swim (Sept 2011)</a>	09h00	Fourth Beach Clifton Bay	Warren Filakov	072-6022557	1soms.polarbear@cybersmart.co.za
24 Sep 2011	<a href="#">Cadiz Heritage Day Swim</a>	10h00	Oceana Power Boat Club Granger Bay V&A Waterfront	Craig Doonan	021-7853683	info@leapcommunications.co.za
02 Oct 2011	<a href="#">First Sunday of the Month Swim (Oct 2011)</a>	09h00	Fourth Beach Clifton Bay	Warren Filakov	072-6022557	1soms.polarbear@cybersmart.co.za
05 Nov 2011	<a href="#">Western Province Open Water Challenge 1</a>	08h00	Ashanti Dam Paarl	Sandra Reynolds	082-9045175	wpamarketing@icon.co.za
06 Nov 2011	<a href="#">First Sunday of the Month Swim (Nov 2011)</a>	09h00	Fourth Beach Clifton Bay	Warren Filakov	072-6022557	1soms.polarbear@cybersmart.co.za
12 Nov 2011	<a href="#">Winelands Charity Mile</a>	10h30	Ashanti Estate, Sonstraal Road Klein Drakenstein Paarl	David Frost	082-5762159	winelandsswim@gmail.com
26 Nov 2011	<a href="#">Western Province Open Water Challenge 2</a>	08H00	Ashanti Dam Paarl	Sandra Reynolds	082-9045175	wpamarketing@icon.co.za
26 Nov 2011	<a href="#">Shipwrecked!</a>	10h00	Big Bay Surf Lifesaving Club Blouberg Strand	Derrick Frazer	082-7705798	derrick@deblynn.co.za
04 Dec 2011	<a href="#">First Sunday of the Month Swim (Dec 2011)</a>	09h00	Fourth Beach Clifton Bay	Warren Filakov	072-6022557	1soms.polarbear@cybersmart.co.za

17 Dec 2011	Island Lake Swim	13h00	Island Lake Wilderness	Mimette Salter	044-8735506	clubsecretary@fisheagleaquatics.co.za
28 Dec 2011	Sabrina Love Ocean Challenge presented by Stonehage & Discovery - 2 Days	09h00	Main Beach Plettenburg Bay	Magnetic South	044-3822932	info@magneticsouth.net
01 Jan 2012	Clifton Cold Water Mile	12h00	Fourth Beach Clifton Bay	Warren Filakov	072-6022557	1soms.polarbear@cybersmart.co.za
07 Jan 2012	Time Freight Western Province Open Water Challenge 3	08H00	Ashanti Dam Paarl	Sandra Reynolds	082-9045175	wpamarketing@icon.co.za
28 Jan 2012	Western Province Open Water Championships	08H00	Ashanti Dam Paarl	Sandra Reynolds	082-9045175	wpamarketing@icon.co.za
05 Feb 2012	First Sunday of the Month Swim (Feb 2012)	09h00	Fourth Beach Clifton Bay	Warren Filakov	072-6022557	1soms.polarbear@cybersmart.co.za
12 Feb 2012	Cadiz Brian Curtis Mile	09h30	Elgin Country Club Grabouw	Juliette Ball	021-6578330	Juliette.ball@cadiz.co.za
25 Feb 2012	Around the Rocks Extreme Swim	08h30	Big Bay Surf Lifesaving Club Blouberg Strand	Derrick Frazer	082-7705798	derrick@deblynn.co.za
25 Feb 2012	*Western Province Extreme Open Water Challenge - 2 Days	08H00	Clanwilliam Dam	Sandra Reynolds	082-9045175	wpamarketing@icon.co.za
04 Mar 2012	First Sunday of the Month Swim (Mar 2012)	09h00	Fourth Beach Clifton Bay	Warren Filakov	072-6022557	1soms.polarbear@cybersmart.co.za
21 Mar 2012	Cadiz Human Rights Day Swim	10h00	Camps Bay Beach	Lauren Wileman	021-7853683	info@leapcommunications.co.za
01 Apr 2012	First Sunday of the Month Swim (Apr 2012)	09h00	Fourth Beach Clifton Bay	Warren Filakov	072-6022557	1soms.polarbear@cybersmart.co.za
28 Apr 2012	*Cadiz Freedom Swim	10h00	Murray Beach Robben Island	Craig Doonan	021-7853683	info@leapcommunications.co.za
12 May 2012	Big Three Swim		Klipheuwel Dam Botlierskop Little Brak River, Mosselbay	Sonja Terblanche-Otto	082-5797595	sonja@trisport.co.za
03 Jun 2012	First Sunday of the Month Swim (Jun 2012)	10h00	Fourth Beach Clifton Bay	Warren Filakov	072-6022557	1soms.polarbear@cybersmart.co.za
16 Jun 2012	Cadiz Youth Day Swim	10h00	Camps Bay Beach	Lauren Wileman	021-7853683	info@leapcommunications.co.za
01 Jul 2012	First Sunday of the Month Swim (Jul 2012)	10h00	Fourth Beach Clifton Bay	Warren Filakov	072-6022557	1soms.polarbear@cybersmart.co.za
05 Aug 2012	First Sunday of the Month Swim (Aug 2012)	10h00	Fourth Beach Clifton Bay	Warren Filakov	072-6022557	1soms.polarbear@cybersmart.co.za
09 Aug 2012	Cadiz Women's Day Swim	10h00	Camps Bay Beach	Lauren Wileman	021-7853683	info@leapcommunications.co.za